

ITALIAN GASSHUKU “ITALIA 2014” Activity Plan

Friday 27/06/2014

Arrivals in Rome

Transfer to Latina


*Latina is a city quite near to Rome, it's about 70 Km, and well connected by public transportation.
From Roma Termini railway station are scheduled trains to Latina quite every hour.
The train take from Roma to Latina about 40 minutes.*

From 14:00 ÷ 19:00   Arrivals in Latina

*During this time interval there will be the arrival in Latina and the accomodation in the Hotel.
For all the participants arriving to Latina on their own cars there will be a meeting point at Grand Hotel Palace, via V. Rossetti n. 24.
For all the participants arriving from Rome by trains ther will be a meeting point near the “Latina Scalo” railway station and leaded dirctly to the Grand Hotel Palace.
We kindly ask to all the participants to arrive in Latina before 19:00 so that we can make a confortable accomodation and You will have enough time to partecipate to the next events.
Arriving at the hotel will be given further information about the attendance at Embukai “2° Memorial G. Battista”.*

From 20:00  Dinner at Restaurant

All participants are attended in the “Grand Hotel Palace” restaurant, where the dinner will be served.

From 21:30  **Loting for Embukai “2° Memorial G. Battista”**

*Will be loted number position for every Embu of each category of the Competition Section and will be given the adesive form with the numbers of the competition to be put on dogi.
Will be given all adesive forms to be setted on the kenshi's doji that will partecipate to the Presentation Section.
Will be given information about the events like opening and ending cerimonies, squares positioning, categories, etc.
To the “2° Memorial G. Battista” will be accepted also kenshi from foreign Branch.*

Saturday 28/06/2014

From 7:30  Breakfast

*All the participants are attended in the "Grand Hotel Palace" lunch room to have breakfast.
After that we will all move to Palasport "Nicola Bianchini" in Latina, where at 9:30 will start the "2° Memorial G. Battista" Embukai.*

From 9:30 ÷ 12:00  2° Memorial G. Battista Embukai

After the "2° Memorial G. Battista" Embukai Opening Ceremony there will be the Competition Section and then the Presentation Section.

The "2° Memorial G. Battista" Embukai will be held in the Palasport "Nicola Bianchini" in Latina, which has also the sitting place for 2500 visitors.

To the "2° Memorial G. Battista" will be accepted also kenshi from foreign Branch.

All Gasshuku participants not involved in Competition Section and Presentation Section could be sit and watch the Embukai.

From 13:00  Lunch at Restaurant

After the ending of the "2° Memorial G. Battista" Embukai all participants will go to the hotel and have lunch, then there will be some free time.

From 15:00 ÷ 18:00  Study Session

The Study Session is oriented to the participant's rank. So, if necessary, will be used, beyond the the Palasport "Nicola Bianchini", other structure near the main one.

All participants will reach the gym where, for the afternoon session, will be held trainings according with their ranks, as defined in the program that will be given to each one at the arrive in Latina.


At the end of training all participants could reach their hotels and have relax time until the beginning of the dinner.

From 20:00  Dinner at Restaurant

All participants are attended in the "Grand Hotel Palace" restaurant, where the dinner will be served.

From 22:00  Evening activity

Will be organized some relaxing events intended to engage the participats in order to have fun all together.

 Transport form and to Hotel and Palasport

The Grand Hotel Palace is just few minutes from the Palasport. During the day of Saturday 28 and Sunday 29 some bus will transport the participants back and forth from the Hotel to the Palasport.

Sunday 29/06/2014

From 7:30  Breakfast

*All the participants are attended in the “Grand Hotel Palace” lunch room to have breakfast.
After that we will all move to Palasport "Nicola Bianchini" where, for all the morning, will be held the study session as defined in the training program,*

From 9:00 ÷ 12:00  Study Session

*All participants will reach the gym where, for the morning session, will be held trainings according with their ranks, as defined in the training program.
At the end of training all participants could reach the “Grand Hotel Palace” and have relax time until the beginning of the lunch.*

From 13:00  Lunch at Restaurant


*At the end of the morning training section all participants will be expected at “Grand Hotel Palace” lunch room where will be served the lunch.
At the end of the lunch all participants will have some time to relax.*

From 15:00 ÷ 18:00  Study Session

*All participants will reach the gym where, for the morning session, will be held trainings according with their ranks, as defined in the training program.
At the end of training all participants could reach the “Grand Hotel Palace” and have relax time until the beginning of the dinner.*

From 20:00  Dinner at Restaurant

All the participants are attended in the “Grand Hotel Palace” restaurant to have dinner.

From 21:30  Winner Awarding Ceremony, Solidarity Initiative, Closing Ceremony

*The evening will end with the awarding ceremony for the best Embu for each category in the Competition Section.
Then a solidarity ceremony will be done, it will consist of giving a contribution by the Shorinji Kempo world to an institution in need of it.
The Event should be attended by local political and administrative authorities and by other guests.
During the event there will be room for entertainment activities, and for this reason, we ask the various groups to propound and organize something like acting, singing, cabaret and so on.
Will be given some gift to the various representatives, as a reminder for the event, and then proceed to the Gasshuku closing ceremony.*

From 23:00  Disco

*The evening will end by involving people in music and dances.
Considering that it will be early summer the evening should be carried out open air on a bench next to the “Grand Hotel Palace” swimming pool.
Everyone will choose to stay on that location as long as he desires, and then go back to his hotel by a short walk.*

Monday 30/06/2014

From 7:30  Breakfast

All the participants are attended in the “Grand Hotel Palace” lunch room to have breakfast.



Back to Home

All participants that need to go to Rome by train will be brought to the railway station Latina Scalo where it will be possible to take the train.

The train take from Roma to Latina about 40 minutes.